

— The Husband & Wife Law Team™ —
BREYER LAW OFFICES PC
SERIOUS INJURY AND WRONGFUL DEATH LAW

HusbandAndWifeLawTeam.com

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If you have been injured in accident,
call us for a complimentary
consultation. We're here to help!



ARIZONA BIKE



Bike Safety

BE SAFE RIDING THIS SUMMER

Avoid heat exhaustion! Learn to recognize your body's signs of heat exhaustion, which are similar to signs of fever. Initial signs can be subtle, so know them and pay attention. At the first signs of heat exhaustion relax your pace, and increase your fluid intake, especially if you have stopped feeling thirsty. If you do not recover within 10-20 minutes, immediately find air conditioning or shade, and be prepared to call 911. Heat stroke can occur quickly and it is potentially fatal, so don't try to tough it out, even if you only need to travel a short remaining distance. Lastly, if you get a flat tire or have mechanical problems, be sure to seek out shade or a place indoors for repairs.



STAY HYDRATED

Nathan AP PRO Hydration System
www.sportfactoryproshop.com

Nathan Sports designed an aerobar hydration system that fits directly in between the handlebars of your bicycle and is designed to streamline the riders horizontal positioning, reducing the turbulence between both arms. The straw is flexible and allows for custom positioning for easy hydration without having to reach for a water bottle.

**DO YOU KNOW SOMEONE WHO
DESERVES TO BE RECOGNIZED FOR AN
OUTSTANDING ACHIEVEMENT?**

We congratulate one Arizona resident for their amazing accomplishment every single week by putting their photo on our over two dozen billboards throughout the Valley! If you know of someone who deserves to be a local celebrity for the day...email us today at Olivia@breyerlaw.com.



HUSBAND AND WIFE LAW TEAM.COM
CONGRATULATIONS!
LEVI SHOEMAKER
Raised over \$3,500 for Tour de Cure!

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